

PCC4U Cultural Safety Toolkit: Curriculum Blueprint

2023

PCC4U

PALLIATIVE CARE
CURRICULUM FOR
UNDERGRADUATES

PEPA Indigenous Program
of Experience in the
Palliative Approach



Part 1
About me and my workplace

Part 2
Aboriginal and Torres Strait Islander
Health and Wellbeing

Part 3
Providing care through
engagement and partnerships

Statement from IPEPA National Indigenous Manager, Allyra Hulme

The PCC4U project team developed this toolkit resource in partnership with IPEPA. IPEPA is a grassroots approach to breaking down the barriers to palliative care for Aboriginal and Torres Strait Islander peoples across Australia.

This toolkit has been developed through First Nations-led community engagement and two-way consultation involving engagement with key First Nations stakeholders, organisational and project partners, educators and students. Learning aligns with key strategic frameworks for education and cultural responsiveness.

The toolkit supports holistic and culturally-responsive care. It has been designed to educate health professionals about the important role they play in breaking down the access barriers to mainstream healthcare, experienced by Aboriginal and Torres Strait Islander peoples. Students are provided with opportunities to reflect on a living and flexible model of service delivery and consider how their practice can support this.



About IPEPA

The Indigenous Program of Experience in the Palliative Approach (IPEPA) is a grassroots approach to breaking down the barriers to palliative care for Aboriginal and Torres Strait Islander peoples across Australia. More information about IPEPA can be found at <https://pepaeducation.com/about-ipepa/>



About PCC4U

The Palliative Care Curriculum for Undergraduates (PCC4U) project provides palliative care learning and teaching resources for entry-to-practice health programs. More information about PCC4U can be found at www.pcc4u.org.au

Video Resource Summary

Part 1	Video	Video
About me and my workplace	'The Invisible Discriminator' Stop Think Respect	1 min 27 sec
	ECU Indigenous Narratives: George's Story	9 min 18 sec
	UN Declaration of the Rights of Indigenous Peoples	10 min 27 sec
	Why is self-determination so important to Aboriginal people?	0 min 33 sec
Part 2	Video	Video
Aboriginal and Torres Strait Islander Health and Wellbeing	PCC4U/IPEPA Yarn - Cultures, beliefs and end-of-life journey	5 min 34 sec
	Connect to Wellbeing - Aboriginal and Torres Strait Islander Stories	3 min 58 sec
	Spirituality (Dadirri)	3 min 42 sec
	Impacts of intergenerational trauma	4 min 09 sec
	Barriers to accessing palliative care	3 min 36 sec
	PCC4U /IPEPA Yarn - Deep, genuine listening	2 min 05 sec
	Greg Chatfield's Story: An Indigenous Palliative Care Journey	13min 15 sec
Part 3	Video	Video
Providing care through engagement and partnerships	Tom's Story (Part 1) with expert commentary	8 min 12sec
	Finishing up - Advanced Care Plans on Groote Eylandt	16 min 12 sec
	Tom' Story (Part 2) with expert commentary	6 min 09 sec
	"Passing on": ECU Scenario	4 min 54 sec
	'Final Footprints My Culture My Kinship My Country'	11 min 38 sec



Part 1

About me and my workplace

PCC4U's Learning Outcomes

- Understand the impacts of power, privilege, bias, discrimination, and systemic racism in healthcare, and how these impact on Aboriginal and Torres Strait Islander peoples and their engagement with services.
- Understand a rights-based approach to cultural safety and the provision of culturally-responsive care that reflects legislation.

LESSON	PERFORMANCE CRITERIA	KNOWLEDGE EVIDENCE
1.1 Cultural safety and culturally-responsive care	1.4, 2.1, 2.2	KE1, KE2, KE3
1.2 Power and privilege	1.4, 2.1	
1.3 Understanding bias	2.1, 3.1	
1.4 Racism in healthcare	1.4, 2.1, 2.2	
1.5 UNDRIP and the provision of healthcare	1.3	



Part 2

Aboriginal and Torres Strait Islander health and wellbeing

PCC4U's Learning Outcomes

- Identify the diversity of Aboriginal and Torres Strait Islander people's kinship systems, spiritual connections to Country and culture that influence the views that many Australian Indigenous peoples have of health and wellbeing.
- Describe the historical and ongoing trauma that contributes to the current barriers that prevent Aboriginal and Torres Strait Islander peoples accessing healthcare services.

LESSON	PERFORMANCE CRITERIA	KNOWLEDGE EVIDENCE
2.1 Aboriginal and Torres Strait Islander cultures	1.1, 1.2	KE1, KE3, KE4, KE5
2.2 Connection to Country and spirituality	1.1, 1.2	
2.3 Health and wellbeing	1.1, 1.2	
2.4 Historical trauma	1.1, 1.2	
2.5 Impacts of historical trauma	1.1, 1.2	
2.6 Trauma, healing, and resilience	1.1, 1.2	
2.7 Barriers to and enablers of palliative care	2.2, 2.3, 2.4, 3.1, 3.2, 3.4	



Part 3

Providing care through engagement and partnerships

PCC4U's Learning Outcomes

- Identify factors that contribute to an Aboriginal and/or Torres Strait Islander person's illness and the impact of trauma on decision-making, communication, and health literacy.
- Describe the role that engagement with Aboriginal and Torres Strait Islander peoples has in relation to planning and delivery of services.

LESSON	PERFORMANCE CRITERIA	KNOWLEDGE EVIDENCE
3.1 Family-centred palliative care care	2.3, 2.4, 2.5	KE6, KE7
3.2 Communication	2.3	
3.3 Communication Case Study	1.2, 2.3	
3.4 Advanced care planning conversations	2.4, 3.1, 3.2, 3.3, 3.4	
3.5 Symptom management	2.4	
3.6 The multidisciplinary team	2.3, 2.4, 3.1, 3.2	
3.7 Cultural – responsiveness at end of life	2.3, 3.1, 3.2, 3.3	
3.8 Cultural practices and rituals	2.4, 3.3, 3.4	
3.9 Reflections on what you have learnt		

Knowledge Evidence Key

*Knowledge Evidence	
KE1.	<p>Concept of Aboriginal and/or Torres Strait Islander cultural safety in the community services and health context, and its relationship with:</p> <ul style="list-style-type: none"> ● cultural awareness ● cultural competence
KE2.	Legislative context for Aboriginal and/or Torres Strait Islander cultural safety
KE3.	The diversity of Aboriginal and/or Torres Strait Islander cultures
KE4.	<p>Historical, social, political and economic issues affecting Aboriginal and/or Torres Strait Islander people and their engagement with community services and health systems, including:</p> <ul style="list-style-type: none"> ● impact of European settlement ● loss of land and culture ● racism and discrimination ● past and present power relations
KE5.	Own culture, western systems, and structures and how these impact on Aboriginal and/or Torres Strait Islander people and their engagement with services
KE6.	<p>Factors that contribute to Aboriginal and/or Torres Strait Islander ill health and common diseases experienced by these groups of people:</p> <ul style="list-style-type: none"> ● impact of trauma on individuals' ability for: <ul style="list-style-type: none"> - communicating - understanding - retaining information
KE7.	Ways to involve Aboriginal and/or Torres Strait Islander people in the planning and delivery of services and programs



About

The Cultural Safety Toolkit

The PCC4U cultural safety toolkit is a resource designed to provide quality, culturally responsive care for people affected by illness. This resource will support students to develop the skills needed to provide culturally-responsive quality care, across various settings, to Aboriginal and/or Torres Strait Islander people and their families and communities. The context of care explored in this toolkit is **palliative care**.

The content has been mapped to performance criteria and knowledge evidence within the unit of competency **CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety**.

There are 3 parts within the Cultural Safety Toolkit

Part 1 – About me and my workplace

Part 2 – Aboriginal and Torres Strait Islander Health and Wellbeing

Part 3 – Providing care through engagement and partnerships

The toolkit takes the approach of scaffolding learning beginning with self-reflection and reflection on the workplace in relation to racism in healthcare, moving through to providing education on the critical issues that influence relationships and communication with Aboriginal and Torres Strait Islander peoples. It concludes with content that will foster the development of ways to provide care for Aboriginal and Torres Strait Islander peoples through engagement and partnerships. The toolkit supports holistic and culturally-responsive care.

Content is presented as theory, educational videos and personal interviews, presented through the lens of delivering or receiving palliative care.

Educators can select any or all the activities to best support the development of their students' culturally-safe provision of care.

Depending on desired learning outcomes, the learning resources can be used in whole, or in part and delivered in a range of different formats including:

- Self-directed learning
- Group discussions
- Workshop activities
- Interactive tutorials

Cultural Safety Toolkit implementation support

Information and resources to support inclusion of palliative care in Certificate and Diploma level training packages can be found on the PCC4U website – pcc4u.org.au/for-educators/rto/

Funded by the Australian Government Department of Health
Accessible at no cost to your organisation.

